

# Method

(t/b) type bar

A Type Bar 'Speaker' participant dictates a letter to a 'Typist' participant.

- Together they use a manual typewriter to move outside of normal experience and to open communication.
- The Speaker has an opportunity to reflect as s/he composes a letter out loud to the Typist.
- The Typist explores listening by asking questions or helping the Speaker choose phrasing, and typing the message.
- With no delete or cut-and-paste, the Speaker and Typist are faced with the apparent permanence of their creation as they compose in real time together.
- Type Bar letters have been: notes, poems, lists, formal letters, once-upon-a-time stories, message Speakers have been wanting to say but haven't, thank you notes, messages to future selves, messages to those who've passed, and more.
- Type Bar Letters are augmented with clippings, quotes, art, and vintage postage stamps. This completes the perception that the message transcends routine time.
- Letters are then either mailed or hand delivered to their recipients by The Type Bar service.
- Recipients of Type Bar express a variety of moods and experiences on receiving their hand typed letters.

## The Solo Practice

Participants are welcomed to type letters, poems, or type-art by themselves. This is a great way to get familiar with the typewriters. It can be enjoyable for private letters or to explore type-art on the page.

You may wish to combine any letter with other type-art. See <http://www.thetypebar.com/category/art/>

The slow communication manifesto: <http://www.thetypebar.com/slow-communication-manifesto/>

*Thank you to collaborators who have contributed to this method.*

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